

School Health Advisory Committee Meeting (SHAC)

Held in the Annex Building Blue Conference Room

On October 3, 2023 at 8:00am in the New Diana Independent School District

1. Called to Order at 8:02am by Greg Pope.
2. Attendance & Introductions - By Nurse Jenny Starr. Present for this meeting were; Greg Pope, Jenny Starr, Jessi Perot, Kaitlin Oney, Ashley Zucosky, Mallory Jackson, Trisha Sampson, Shane Wright, Madesha Stapleton, Grayson Howard, Taylor Huey, Laycie Huey, Peyton Millican.
3. Discussion Items
 - a. October Red Ribbon Week - Campuses shared their planned Red Ribbon Week activities for the week of October 23-26.
 - i. RF Hunt Elementary - Dress up each day and stickers
 - ii. Middle School - Dress Up days, Anti-drug messages each day
 - b. Campus/Department Reports -
 - i. High School - Principal Shane Wright shared that Counselor Faith Fort is at a Counseling workshop today gathering information on various topics for the campuses, including some ideas for SHAC including Vaping awareness, Dating Violence. Mental Health, and Nutrition. Mr. Wright shared with the SHAC committee the new legislation that addresses Vaping by making offenses a mandatory DAEP placement if caught vaping or if caught in possession of vaping paraphernalia. Issues such a DAEP capacity are having to be addressed by all districts due to high numbers of students found in violation.
 - ii. Robert F. Hunt Elementary Counselor Mallory Jackson and Principal Ashley Zucosky shared that they have two new programs started this year. Purposeful People is a classroom based curriculum that focuses on a character trait each month.
 - iii. Middle School - Student Support person Trisha Sampson shared the Middle School is also talking about select character traits in their announcements each week.
 - c. General Discussion -
 1. Shac Advisor Greg Pope asked students if they would be interested in bringing in public speakers for various topics. He also asked which topics would appeal to which grades/campuses. Student Ava Robinson brought up that certain students were selected last year to attend an event at White Oak ISD featuring a motivational speaker that really opened their eyes to some things going on around them. SHAC members are interested in bringing in age appropriate speakers. Mr. Pope reminded members in their discussion that the speakers need to also reflect community values as appropriate. Various topics were discussed.
 2. Nurse Jenny Starr discussed the YAM (Youth aware of Mental health program) approved by SHAC and the Christy's Safe Haven program approved by SHAC and Board of Trustees last year. Campuses noted that this year they will have more time to disseminate information to parents and receive the Opt in

signature back in plenty of time prior to aid in planning of student learning times and places.

3. Middle School student Peyton Millican brought up concerns with behaviors he observed, in particular the consumption of energy drinks. Trisha Sampson noted that even early in the morning it seems to be prevalent. HS student Grayson Howard and Taylor Huey voiced that they agreed with this assessment of the problem. It was then discussed by the SHAC members that perhaps it would be good to bring in someone like a nutritionist to speak to the committee on the possible consequences of consuming large amounts of energy drinks and which kinds are actually beneficial. Mr. Pope and Nurse Jenny Starr are going to check and see if we can find one or several experts to come speak to SHAC and maybe even have a chance to discuss or ask questions about this.
4. It was suggested that maybe we could do a ZOOM meeting for those who are not able to attend every meeting, but still want to participate.

4. Closing Comments/Adjournment